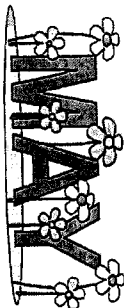


DROP-IN PROGRAM 2019



MONDAY

- 11:30-12:15 LUNCH (SANDWICHES AND SALADS FOR SALE)
 12:15-12:30 WALKING LAPS IN THE GYM
 12:30-2:00 ARCH ALIVE/ HIKING/ QUIZ SHOWS
 2:00-3:00 CRAFT/ BELLS & RHYTHM / WEIGHT ROOM
 3:00-4:00 POOL TOURNAMENT/ CHOIR / WEEKEND UPDATE
 4:00-5:00 HOT POTATO / OPEN REC
 5:00-6:00 OUTDOOR ACTIVITY
 6:00-6:30 ACTIVITY SHEETS / CLEAN UP

TUESDAY

- OUTINGS**
 5/7 COOKOUT AT ENCANTO PARK \$5.00 10:00-2:00
 5/14 POLICE MUSEUM 10:00-2:00 \$3.00
 5/21 MOVIE TBA \$7.00
 5/28 SPLASH PAD 10:30-2:30 BRING A SACK LUNCH
 12:15-12:30 WALKING LAPS IN THE GYM
 12:30-2:00 YOGA/ GYM LAPS CLUB & HEALTH TALK / \$ BINGO
 2:00-3:00 NAME THAT TUNE / THE COMPANY / CARD GAMES
 3:00-4:00 SPEED YAHTZEE/ ENTERTAINMENT TODAY/SOLOS
 4:00-5:00 MATCHING TRIVIA
 5:00-6:00 GAZEBO GAMES
 6:00-6:30 ACTIVITY SHEETS / CLEAN UP

WEDNESDAY

- LUNCH (SANDWICHES AND SALADS FOR SALE)
 11:30-12:15 WALKING LAPS IN THE GYM
 12:15-12:30 ARCH COUNCIL MEETING
 12:30-1:00 NAIL CARE/ BEACHBALL VOLLEYBALL / LIBRARY
 1:00-2:30 YAHTZEE/ THE COMPANY/ GYM GAMES
 2:30-3:30 SIGN LANG / ART CONTEST / OPEN REC
 3:30-4:30 I'D RATHER
 4:30-5:00 OUTDOOR ACTIVITY
 5:00-6:00 ACTIVITY SHEETS / CLEAN UP
 6:00-6:30

HANNI'S WEDNESDAY EAP CLASSES:

- 12:30-1:30 ALL ABOUT A DECK OF CARDS
 1:30-2:30 COOKING/KITCHEN SKILLS
 4:30-5:30 AEROBICS
 (ADDITIONAL FEES APPLY FOR EAP CLASSES)

THURSDAY

- LUNCH
 11:30-12:15 WALKING LAPS IN THE GYM
 12:15-12:30 COOK / CONDITIONING DRILLS/ ARCH IDOL
 12:30-2:00 **COOKING is an educational program and not designed to replace lunch.
 2:00-3:00 THE COMPANY/ CRAFTS/ BOGGLE/ BOOK CLUB
 3:00-3:30 NATURE AND SCIENCE / MUSICAL CHAIRS
 3:30-4:00 ARCH ALIVE / BOWLING DICE / SHUFFLEBOARD
 4:30-5:00 ARCH ALIVE / JACOBS CORNER
 5:00-6:00 GAZEBO GAMES
 6:00-6:30 ACTIVITY SHEETS / CLEAN UP

HANNI'S THURSDAY EAP CLASSES:

- 1:30-2:30 HEALTHY RELATIONSHIPS
 2:30-3:30 EXERCISE

FRIDAY

- 11:00-11:45 LUNCH- (FUN FOOD FRIDAY)
 11:30-2:00 BOWLING \$6.00
 12:00-12:30 GYM LAPS
 12:30-2:00 PUZZLES/ DISCOUNT STORE / MOVIE
 2:00-3:00 THE COMPANY / PICTONARY / THEME DECORATIONS
 3:00-4:00 BINGO / CARD GAMES
 4:00-5:00 PERSONAL UPDATE
 5:00-6:00 OUTDOOR ACTIVITY
 6:00-6:30 ACTIVITY SHEET/CLEAN UP

PLEASE SEE SPECIAL NOTES ON BACK

Hours of Operation

Monday - Thursday
 11:30am-6:30pm
 Friday
 11:00am-6:30pm

PLEASE DO NOT ARRIVE EARLY

Program Fees

\$2.00 daily or \$40.00 monthly
 * Additional fees may apply*

FOR QUESTIONS OR
 ADDITIONAL INFORMATION,
 PLEASE CALL: 602-230-2226