

DTA GROUP 1 2019



MONDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
 9:15-10:00 WEIGHT ROOM / WHITE BOARD GAME
 10:00-11:00 JOB SKILLS/ BOWLING DICE
 11:00-11:30 BOGGLE
 11:30-12:15 LUNCH (SANDWICHES AND SALADS FOR SALE)
 12:15-12:30 WALKING LAPS IN THE GYM
 12:30-2:00 ARCH ALIVE/ HIKING/ QUIZ SHOWS
 2:00-3:00 CRAFT/ BELLS & RHYTHM / WEIGHT ROOM
 3:00-4:00 POOL TOURNAMENT/ CHOIR / WEEKEND UPDATE

TUESDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
 9:15-10:00 CARDIO IN GYM / TABLE GAMES
 10:00-11:00 JOB SKILLS/ AROUND THE WORLD
 11:00-11:30 MATH SKILLS / POETRY
 5/7 COOKOUT AT ENCANTO PARK \$5.00 10:00-2:00
 5/14 POLICE MUSEUM 10:00-2:00 \$3.00
 5/21 MOVIE TBA \$7.00
 5/28 SPLASH PAD 10:30-2:30 BRING A SACK LUNCH
 12:30-2:00 YOGA/ GYM LAPS CLUB & HEALTH TALK / \$ BINGO
 2:00-3:00 NAME THAT TUNE / THE COMPANY / CARD GAMES
 3:00-4:00 SPEED YAHTZEE/ ENTERTAINMENT TODAY/SOLOS

WEDNESDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
 9:15-10:00 WEIGHT ROOM / PUZZLES
 10:00-11:00 JOB SKILLS/ SHUFFLE BOARD
 11:00-11:30 NAME YOUR PRICE
 11:30-12:15 LUNCH (SANDWICHES AND SALADS FOR SALE)
 12:15-12:30 WALKING LAPS IN THE GYM
 12:30-1:00 ARCH COUNCIL MEETING
 1:00-2:30 NAILCARE/ BEACHBALL VOLLEYBALL / LIBRARY
 2:30-3:30 YAHTZEE/ THE COMPANY/ GYM GAMES
 3:30-4:00 SIGN LANG / ART CONTEST / OPEN REC

HANNI'S WEDNESDAY EDUCATIONAL ASSISTANCE PROGRAM (EAP):

12:30-1:30 ALL ABOUT A DECK OF CARDS
 1:30-2:30 COOKING/KITCHEN SKILLS
 4:30-5:30 AEROBICS

FOR QUESTIONS OR ADDITIONAL INFORMATION, PLEASE CALL: 602-230-2226 WWW.ARCHAZ.ORG

THURSDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
 9:15-10:00 CARDIO IN GYM / WHITE BOARD GAMES
 10:00-11:30 ARCH FRIENDLY FEUD
 11:30-12:15 LUNCH
 12:15-12:30 WALKING LAPS IN THE GYM
 12:30-2:00 COOK / CONDITIONING DRILLS/ ARCH IDOL
 **COOKING is an educational program and not designed to replace lunch.
 2:00-3:00 THE COMPANY/ CRAFTS/ BOGGLE/ BOOK CLUB
 3:00-3:30 NATURE AND SCIENCE / MUSICAL CHAIRS
 3:30-4:00 ARCH ALIVE / BOWLING DICE / SHUFFLEBOARD

HANNI'S THURSDAY EAP CLASSES:

1:30-2:30 HEALTHY RELATIONSHIPS
 2:30-3:30 EXERCISE

FRIDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
 9:15-10:00 WEIGHT ROOM / TABLE GAMES
 10:00-11:00 JOB SKILLS/CATEGORIES
 11:00-11:45 LUNCH- (FUN FOOD FRIDAY)
 11:30-2:00 BOWLING \$6.00
 12:00-12:30 GYM LAPS
 12:30-2:00 PUZZLES/ DISCOUNT STORE / MOVIE
 2:00-3:00 THE COMPANY / PICTONARY / THEME DECORATIONS
 3:00-4:00 BINGO / CARD GAMES

PLEASE SEE SPECIAL NOTES ON BACK

Jack H	Barry A	Jackie E
Charles R	Berni D	Lisanne M
Brandon L	David W	Kim E
Marcos L	Troy S	Greg E
Anthony F	Jimmy C	David W
Bennie K	Paul D	Iggy M
Matt J	Becky M	Jeff B
Maria F	Floyd W	Kate