

# DTA GROUP 1 2019



## MONDAY

- 8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
- 9:15-10:00 WEIGHT ROOM / WHITE BOARD GAME
- 10:00-11:00 JOB SKILLS/ BOWLING DICE
- 11:00-11:30 BOGGLE
- 11:30-12:15 LUNCH / SANDWICHES AND SALADS FOR SALE
- 12:15-12:30 WALKING LAPS IN THE GYM
- 12:30-2:00 ARCH ALIVE/ MALL LAPS/ QUIZ SHOWS
- 2:00-3:00 CRAFT/ BELLS & RHYTHM / WEIGHT ROOM
- 3:00-4:00 POOL TOURNAMENT/ CHOIR / WEEKEND UPDATE

## TUESDAY

- 8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
- 9:15-10:00 CARDIO IN BIG ROOM / TABLE GAMES
- 10:00-11:00 JOB SKILLS/ AROUND THE WORLD / OUTING
- 11:00-11:30 SHUFFLE BOARD / POETRY/OUTING
- 6/4 LUNCH AT MALL 10:00-1:00 BRING A SACK LUNCH OR \$
- 6/11 MOVIES \$8.00 9:30-1:00
- 6/18 SPLASH PAD 9:30 -1:00
- 6/25 DAIRY QUEEN LUNCH \$6.00 10:30 -1:00
- 12:30-1:00 EMERGENCY PREPAREDNESS TALKS
- 1:00-2:00 YOGA/ GYM LAPS CLUB & HEALTH TALK / \$ BINGO
- 2:00-3:00 NAME THAT TUNE /THE COMPANY/ CARD GAMES
- 3:00-4:00 SPEED YAHTZEE/ ENTERTAINMENT TODAY/SOLOS

## WEDNESDAY

- 8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
- 9:15-10:00 STRENGTH TRAINING / PUZZLES
- 10:00-11:00 JOB SKILLS/ POOL TOURNAMENT
- 11:00-11:30 NAME YOUR PRICE
- 11:30-12:15 LUNCH / SANDWICHES AND SALADS FOR SALE
- 12:15-12:30 WALKING LAPS IN THE GYM
- 12:30-1:00 ARCH COUNCIL MEETING
- 1:00-2:30 NAILCARE/ BEACHBALL VOLLEYBALL / LIBRARY
- 2:30-3:30 YAHTZEE/ THE COMPANY/ GYM GAMES
- 3:30-4:00 SIGN LANG / ART CONTEST / OPEN REC

### HANNI'S WEDNESDAY EDUCATIONAL ASSISTANCE PROGRAM (EAP):

- 12:30-1:30 ALL ABOUT A DECK OF CARDS
- 1:30-2:30 COOKING/KITCHEN SKILLS
- 4:30-5:30 AEROBICS

## THURSDAY

- 8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
- 9:15-10:00 CARDIO BIG ROOM / WHITE BOARD GAMES
- 10:00-11:30 ARCH FRIENDLY FEUD
- 11:30-12:15 LUNCH
- 12:30-2:00 COOK / PING PONG WAR / ARCH IDOL
- \*\*COOKING is an educational program and not designed to replace lunch.
- 2:00-3:00 THE COMPANY/ CRAFTS/ BOGGLE/ BOOK CLUB
- 3:00-3:30 MINI BOWLING / MUSICAL CHAIRS
- 3:30-4:00 ARCH ALIVE / BOWLING DICE / SHUFFLEBOARD

### HANNI'S THURSDAY EAP CLASSES:

- 1:30-2:30 HEALTHY RELATIONSHIPS
- 2:30-3:30 EXERCISE

## FRIDAY

- 8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
- 9:15-10:00 WEIGHT ROOM / TABLE GAMES
- 10:00-11:00 JOB SKILLS/CATEGORIES
- 11:00-11:45 LUNCH - (FUN FOOD FRIDAY)
- 11:30-2:00 BOWLING \$6.00
- 12:00-12:30 GYM LAPS
- 12:30-2:00 PUZZLES/ DISCOUNT STORE / MOVIE
- 2:00-3:00 THE COMPANY / PICTONARY / THEME DECORATIONS
- 3:00-4:00 BINGO / CARD GAMES

Special Outing  
 Detour Theater  
 Mamma Mia  
 June 6  
 12:00-3:00

FOR QUESTIONS OR  
 ADDITIONAL INFORMATION,  
 PLEASE CALL: 602-230-2226  
 WWW.ARCHAZ.ORG

Jack H	Barry A	Jackie E
Charles R	Berni D	Lisanne M
Brandon L	David W	Kim E
Marcos L	Troy S	Greg E
Anthony F	Jimmy C	David W
Bennie K	Paul D	Iggy M
Matt J	Becky M	Jeff B
Maria F	Floyd W	Kate