DTA GROUP 1
2020

MONDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
9:15-10:00 WEIGHT ROOM / WHITE BOARD GAME
10:00-11:00 VANS / BOWLING DICE /TENNIS PRACTICE/ GARDEN
11:00-11:30 BOGGLE
11:30-12:15 *LUNCH (SANDWICHES AND SALADS FOR SALE)*
12:15-12:30 POST LUNCH POWER WALK
12:30-2:00 ARCH ALIVE/ HIKING/ TEAM JEOPARDY
2:00-3:00 CRAFT/ BELLS & RHYTHM / WEIGHT ROOM
3:00-4:00 POOL TOURNAMENT/ CHOIR / WEEKEND UPDATE

TUESDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
9:15-10:00 CARDIO / TABLE GAMES
10:00-11:30 ANIMAL PLANET/ GONE FISHIN'
11:00-11:30 NAME YOUR PRICE
11:30-12:15 *LUNCH*
12:30-2:00 GONE FISHIN'/ CARD GAMES / ARCH IDOL
2:00-3:00 NAME THAT TUNE /THE COMPANY /CARD GAMES
3:00-4:00 SPEED YAHTZEE/ ENTERTAINMENT TODAY/SOLOS

WEDNESDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
9:15-10:00 STRENGTH TRAINING / PUZZLES
10:00-11:30 ARCH FRIENDLY FEUD/VANS
11:30-12:15 *LUNCH (SANDWICHES AND SALADS FOR SALE)*
12:15-12:30 POST LUNCH POWER WALK
12:30-1:00 ARCH COUNCIL MEETING
1:00-2:30 NAILCARE/ BASKETBALL / LIBRARY
2:30-3:30 YAHTZEE/ THE COMPANY/ BOARD GAMES
3:30-4:00 SIGN LANG / ART CONTEST / OPEN REC

HANNI'S WEDNESDAY EDUCATIONAL ASSISTANCE PROGRAM (EAP):

12:30-1:30 ALL ABOUT A DECK OF CARDS
1:30-2:30 COOKING/KITCHEN SKILLS
4:30-5:30 AEROBICS

FOR QUESTIONS OR ADDITIONAL INFORMATION, PLEASE CALL: 602-230-2226 WWW.ARCHAZ.ORG

THURSDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
9:15-10:00 CARDIO / WHITE BOARD GAMES
10:00-11:00 BUILDING UPKEEP /POOL/ OUTING (SEE BELOW)
11:00-11:30 SHUFFLE BOARD /POETRY/OUTING
2/6 RAISING CANES & PARK USE YOUR FREE MEAL CARD 11:00-2:00
2/13 PICNIC & CERETTAS $7.00 PLUS SPENDING FOR CANDY 10:00-2:30
2/22 GOLDEN CORRAL LUNCH $13.00 10:00-2:00
2/27 BBQ AT SOUTH MOUNTAIN $5.00 10:00-2:00
12:30-1:00 EMERGENCY PREPAREDNESS TALKS/COOKING
1:00-2:00 WEIGHTS AND AEROBICS / $ BINGO / COOKING
**COOKING is an educational program and not designed to replace lunch.
2:00-3:00 THE COMPANY/ CRAFTS/ BOGGLE/ BOOK CLUB
3:00-3:30 SCIENCE CORNER / MUSICAL CHAIRS
3:30-4:00 ARCH ALIVE / BOWLING DICE / SHUFFLEBOARD

HANNI'S THURSDAY EAP CLASSES:

1:30-2:30 HEALTHY RELATIONSHIPS
2:30-3:30 EXERCISE

FRIDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS
9:15-10:00 WEIGHT ROOM / TABLE GAMES
10:00-11:00 BUILDING UPKEEP /CATEGORIES / GARDEN
11:00-11:45 *LUNCH- (FUN FOOD FRIDAY)*
11:30-2:00 BOWLING **$6.00**
12:00-12:30 POST LUNCH POWER WALK
12:30-2:00 PUZZLES/ DISCOUNT STORE / MOVIE /TENNIS
2:00-3:00 THE COMPANY / PICTIONARY / THEME DECORATIONS
3:00-4:00 BINGO / CARD GAMES

Robbie	David w	Barry
CoCo	Jessica	Bernadette
Charles	Liz	Anthony F
Jack	Oriana	Iggy
Brandon	Lucy	Shirley
Robin Tar	Angelique	Maria
Marcos	Christian	Caitlin
Jeff	Kate	Sonya