



# DTA Group 1 2020

## MONDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS  
 9:15-10:00 WEIGHT ROOM / WHITE BOARD GAME  
 10:00-11:00 VANS / BOWLING DICE / TENNIS PRACTICE/ GARDEN BOGGLE  
 11:00-11:30 BOGGLE  
 11:30-12:15 LUNCH (SANDWICHES AND SALADS FOR SALE)  
 12:15-12:30 POST LUNCH POWER WALK  
 12:30-2:00 ARCH ALIVE/ HIKING/ TEAM JEOPARDY  
 2:00-3:00 CRAFT/ BELLS & RHYTHM / WEIGHT ROOM  
 3:00-4:00 POOL TOURNAMENT/ CHOIR / WEEKEND UPDATE

## TUESDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS  
 9:15-10:00 CARDIO / TABLE GAMES  
 10:00-11:30 ANIMAL PLANET/ GONE FISHIN'  
 11:00-11:30 NAME YOUR PRICE  
 11:30-12:15 LUNCH  
 12:30-2:00 GONE FISHIN'/ CARD GAMES / ARCH IDOL  
 2:00-3:00 NAME THAT TUNE /THE COMPANY/ CARD GAMES  
 3:00-4:00 SPEED YAHTZEE/ ENTERTAINMENT TODAY/SOLOS

## WEDNESDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS  
 9:15-10:00 STRENGTH TRAINING / PUZZLES  
 10:00-11:30 ARCH FRIENDLY FEUD/VANS  
 11:30-12:15 LUNCH (SANDWICHES AND SALADS FOR SALE)  
 12:15-12:30 POST LUNCH POWER WALK  
 12:30-1:00 ARCH COUNCIL MEETING  
 1:00-2:30 NAILCARE/ BASKETBALL / LIBRARY  
 2:30-3:30 YAHTZEE/ THE COMPANY/ BOARD GAMES  
 3:30-4:00 SIGN LANG / ART CONTEST / OPEN REC

## HANNI'S WEDNESDAY EDUCATIONAL ASSISTANCE PROGRAM (EAP):

12:30-1:30 ALL ABOUT A DECK OF CARDS  
 1:30-2:30 COOKING/KITCHEN SKILLS  
 4:30-5:30 AEROBICS

FOR QUESTIONS OR  
 ADDITIONAL INFORMATION,  
 PLEASE CALL: 602-230-2226  
 WWW.ARCHAZ.ORG

## THURSDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS  
 9:15-10:00 CARDIO / WHITE BOARD GAMES  
 10:00-11:00 BUILDING UPKEEP /POOL/ OUTING (SEE BELOW)  
 11:00-11:30 SHUFFLE BOARD /POETRY/OUTING  
 2/6 RAISING CANES & PARK USE YOUR FREE MEAL CARD 11:00-2:00  
 2/13 PICNIC & CERETTAS \$7.00 PLUS SPENDING FOR CANDY 10:00-2:30  
 2/22 GOLDEN CORRAL LUNCH \$13.00 10:00-2:00  
 2/27 BBQ AT SOUTH MOUNTAIN \$5.00 10:00-2:00  
 12:30-1:00 EMERGENCY PREPAREDNESS TALKS/COOKING  
 1:00-2:00 WEIGHTS AND AEROBICS / \$ BINGO / COOKING  
 \*\*COOKING is an educational program and not designed to replace lunch.  
 2:00-3:00 THE COMPANY/ CRAFTS/ BOGGLE/ BOOK CLUB  
 3:00-3:30 SCIENCE CORNER / MUSICAL CHAIRS  
 3:30-4:00 ARCH ALIVE / BOWLING DICE / SHUFFLEBOARD

## HANNI'S THURSDAY EAP CLASSES:

1:30-2:30 HEALTHY RELATIONSHIPS  
 2:30-3:30 EXERCISE

## FRIDAY

8:00-9:15 ARRIVAL, TAI CHI & MINDFULNESS  
 9:15-10:00 WEIGHT ROOM / TABLE GAMES  
 10:00-11:00 BUILDING UPKEEP /CATEGORIES / GARDEN  
 11:00-11:45 LUNCH- (FUN FOOD FRIDAY)  
 11:30-2:00 BOWLING \$6.00  
 12:00-12:30 POST LUNCH POWER WALK  
 12:30-2:00 PUZZLES/ DISCOUNT STORE / MOVIE /TENNIS  
 2:00-3:00 THE COMPANY / PICTONARY / THEME DECORATIONS  
 3:00-4:00 BINGO / CARD GAMES

Robbie	David w	Barry
CoCo	Jessica	Bernadette
Charles	Liz	Anthony F
Jack	Oriana	Iggy
Brandon	Lucy	Shirley
Robin Tar	Angelique	Maria
Marcos	Christian	Caitlin
Jeff	Kate	Sonya