

# DTA Group 1 2020



## MONDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS  
9:00-10:00 WEIGHT ROOM / HISTORY ACTIVITY SHEETS  
10:00-11:00 GAME ROOM ACTIVITIES / BUILDING UPKEEP  
11:00-11:30 WORD GAMES  
11:30-12:15 LUNCH  
12:15-12:30 POWER WALK  
12:30-1:00 ARCH COUNCIL  
1:00-2:00 ARCH ALIVE/ AIR HOCKEY/ART  
2:00-3:00 CHOIR/ BOWLING DICE / UNO  
3:00-4:00 BELL CHOIR / OUT OF THIS WORLD

## TUESDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS  
9:00-10:00 CARDIO / MATH COMPETITION  
10:00-11:00 CRAFT ACTIVITY /VAN UPKEEP  
11:00-11:30 HEALTH EDUCATION  
11:30-12:15 LUNCH  
12:15-12:30 POWER WALK  
12:30-2:00 ARCH IDOL/ FROZEN TREAT TUESDAY \$2.00/ CARDS  
2:00-3:00 THE COMPANY/ BALANCE & BREATHING  
3:00-4:00 SPEED YAHTZEE/ CHOIR

## WEDNESDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS  
9:00-10:00 WEIGHT ROOM/ HISTORY ACTIVITY SHEETS  
10:00-11:00 UNO TOURNAMENT /BUILDING UPKEEP  
11:00-11:30 MONEY GAME  
11:30-12:15 LUNCH  
12:30-2:00 VOLLEYBALL/ NAILCARE / BOARD GAMES  
2:00-3:00 THE COMPANY / PARTNER SCATAGORIES  
3:00-4:00 SIGN LANGUAGE/ SHIP CAPTAIN CREW

## THURSDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS  
9:00-10:00 CARDIO / READING COMPREHENSION  
10:00-11:00 ANIMAL PLANET  
11:00-11:30 PHYSICAL EDUCATION  
11:30-12:15 LUNCH  
12:15-12:30 POWER WALK  
12:30-2:00 COOKING CLASS/ NAME IT / BOARD GAMES  
2:00-3:00 THE COMPANY/ BOOK CLUB/ WATER COLORS  
3:00-4:00 ARCH FRIENDLY FEUD / ARCH ALIVE

## FRIDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS  
9:00-10:00 WEIGHT ROOM / NAME THAT PRICE  
10:00-11:30 GYM ACTIVITIES/BUILDING UPKEEP  
11:30-12:15 LUNCH / FUN FOOD FRIDAY \$3.00-SNOWCONES \$.50  
12:15-12:30 POWER WALK  
12:30-2:00 WATER GAMES/ MOVIE / OPEN REC  
2:00-3:00 WATER GAMES/ THE COMPANY / OPEN REC  
3:00-4:00 BINGO

**STAFF  
LEADERS:**

**ERWIN/ YVONNE/ TARYN**

PLEASE CHECK IN WITH YOUR GROUP LEADER AND  
REMAIN WITH THEM FOR THE DAY. WE WILL FOLLOW  
THE ACTIVITY CALENDAR WHILE MAINTAINING  
SMALL GROUPS

FOR QUESTIONS OR  
ADDITIONAL INFORMATION,  
PLEASE CALL: 602-230-2226  
WWW.ARCHAZ.ORG

September 4th  
First Friday Lunch \$5.00  
BBQ beef sandwiches/ potato salad  
lemonade