

DTA GROUP 2 2020



MONDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS
 9:00-10:00 WEIGHTS ROOM / HISTORY ACTIVITY SHEETS
 10:00-11:00 CRAFT ACTIVITY IN KITCHEN
 11:00-11:30 HEALTH EDUCATION
 11:30-12:15 LUNCH
 12:15-12:30 POWER WALK
 12:30-1:00 ARCH COUNCIL
 1:00-2:00 ARCH ALIVE/ AIR HOCKEY/ART
 2:00-3:00 CHOIR/ BOWLING DICE / UNO
 3:00-4:00 BELL CHOIR / OUT OF THIS WORLD

TUESDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS
 9:00-10:00 CARDIO / MATH COMPETITION
 10:00-11:00 GAME ROOM ACTIVITIES
 11:00-11:30 WORD GAMES
 11:30-12:15 LUNCH
 12:15-12:30 POWER WALK
 12:30-2:00 ARCH IDOL/ FROZEN TREAT TUESDAY \$2.00/ CARDS
 2:00-3:00 THE COMPANY/ BALANCE & BREATHING
 3:00-4:00 SPEED YAHTZEE/ CHOIR

WEDNESDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS
 9:00-10:00 WEIGHT ROOM / HISTORY ACTIVITY SHEETS
 10:00-11:00 ANIMAL PLANET
 11:00-11:30 PHYSICAL EDUCATION
 11:30-12:15 LUNCH
 12:30-2:00 VOLLEYBALL/ NAILCARE / BOARD GAMES
 2:00-3:00 THE COMPANY / PARTNER SCATAGORIES
 3:00-4:00 SIGN LANGUAGE/ SHIP CAPTAIN CREW

THURSDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS
 9:00-10:00 CARDIO / READING COMPREHENSION
 10:00-11:00 GYM ACTIVITY
 11:00-11:30 MONEY GAMES
 11:30-12:15 LUNCH
 12:15-12:30 POWER WALK
 12:30-2:00 COOKING CLASS/ NAME IT / BOARD GAMES
 2:00-3:00 THE COMPANY/ BOOK CLUB/ WATER COLORS
 3:00-4:00 ARCH FRIENDLY FEUD / ARCH ALIVE

FRIDAY

8:00-9:00 ARRIVAL/ TAI CHI & MINDFULNESS
 9:00-10:00 WEIGHT ROOM / NAME THAT PRICE
 10:00-11:30 TEAM TRIVIA
 11:30-12:15 LUNCH / FUN FOOD FRIDAY \$3.00 -SNOWCONES\$.50
 12:15-12:30 POWER WALK
 12:30-2:00 WATER GAMES/ MOVIE / OPEN REC
 2:00-3:00 WATER GAMES/ THE COMPANY / OPEN REC
 3:00-4:00 BINGO

STAFF LEADERS:

DAVID/BRANDON/ANDREA

PLEASE CHECK IN WITH YOUR GROUP LEADER AND
 REMAIN WITH THEM FOR THE DAY. WE WILL FOLLOW
 THE ACTIVITY CALENDAR WHILE MAINTAINING
 SMALL GROUPS

September 4th
 First Friday Lunch \$5.00
 BBQ beef sandwiches/ potato salad
 lemonade

FOR QUESTIONS OR
 ADDITIONAL INFORMATION,
 PLEASE CALL: 602-230-2226
 WWW.ARCHAZ.ORG