

JANUARY

2022

DTA

MONDAY

8:00-9:00 ARRIVAL/ TIA CHI
9:00-10:00 BALANCE AND BREATHING / HANG MAN
10:00-11:00 SHARK TANK —TEAM CHALLENGE
11:00-11:30 INDIVIDUAL GOALS/ MATH WORKSHEETS/JOB SKILLS
11:30-12:15 LUNCH
12:30-1:00 ARCH COUNCIL
1:00-2:00 ARCH ALIVE / POOL TOURNAMENT/ART
2:00-3:00 TENNIS / CHOIR /DICE GAMES
3:00-4:00 HOT SEAT / UNO CHALLENGE

TUESDAY

8:00-9:00 ARRIVAL/ MINDFULNESS
9:00-10:00 GYM FITNESS / BOGGLE
10:00-11:00 THEMED SELFIE -TEAM CHALLENGE
11:00-11:30 INDIVIDUAL GOALS/ READING /JOB SKILLS
11:30-12:15 LUNCH
12:30-2:00 THE COMPANY & BELL CHOIR / LIBRARY / PENCIL ART
2:00-3:00 ARCH IDOL / GAME ROOM REC
3:00-4:00 SPEED YAHTZEE/ CHOIR / CARDS

WEDNESDAY

8:00-9:00 ARRIVAL/ CHAIR YOGA
9:00-10:00 CARDIO / CARD GAMES
10:00-11:00 Pictionary MINUTE —TEAM CHALLENGE
11:00-11:30 INDIVIDUAL GOALS —MONEY WORK SHEET/JOB SKILLS
11:30-12:15 LUNCH
12:30-2:00 NAIL CARE /BOARD GAMES/ OUTING (SEE BACK)
2:00-3:00 MINI BOWLING / BASKETBALL PRACTICE
3:00-4:00 COFFEE BREAK & SIGN LANGUAGE/ DICE GAME

THURSDAY

8:00-9:00 ARRIVAL/ TIA CHI
9:00-10:00 WEIGHT ROOM / ART
10:00-11:00 GONE FISHIN' / POOL TOURNEY
11:00-11:30 INDIVIDUAL GOAL/ READING WORK SHEET/ JOB SKILLS
11:30-12:15 LUNCH
12:30-2:00 COOKING / PAINTING /GONE FISHIN'
2:00-3:00 NAME IT/ SPORTS DRILLS
3:00-4:00 ARCH ALIVE / WHAT AM I ?

Gone Fishin'
Thursdays 9:30-2:00
Bring a sack lunch & water

FRIDAY

8:00-9:00 ARRIVAL/ MINDFULNESS
9:00-10:00 ZUMBA/ WORD GAMES
10:00-11:00 JOB SKILLS- JANITORIAL / HOW IT'S MADE
11:00-11:30 INDIVIDUAL GOALS/ CROSS WORD PUZZLE /JOB SKILLS
11:30-12:15 LUNCH / LUNCH FOR SALE \$5.00
12:30-2:00 MOVIE / CRAFT / BOWLING \$6.00 12:00-2:30
2:00-3:00 CATEGORIES / THE COMPANY / OPEN REC
3:00-4:00 BINGO

FOR QUESTIONS OR
ADDITIONAL INFORMATION,
PLEASE CALL: 602-230-2226
WWW.ARCHAZ.ORG