

# September

# 2022

# DTA

## MONDAY

8:00-9:00 ARRIVAL/ TAI CHI  
9:00-10:00 LATIN ZUMBA / HANG MAN  
10:00-10:30 INDIVIDUAL GOALS/ MATH WORKSHEETS/JOB SKILLS  
10:30-11:30 ARCH FRIENDLY FEUD -TEAM ACTIVITY  
11:30-12:15 LUNCH  
12:30-1:00 ARCH COUNCIL  
1:00-2:00 ARCH ALIVE / POOL TOURNAMENT/ CRAFT  
2:00-3:00 PONG CUP WAR / CHOIR / DICE GAMES  
3:00-4:00 NAME IT / UNO CHALLENGE

## TUESDAY

8:00-9:00 ARRIVAL/ MINDFULNESS  
9:00-10:00 STEP AEROBICS / BOGGLE  
10:00-10:30 INDIVIDUAL GOALS/ READING /JOB SKILLS  
10:30-11:30 BOCCE BALL - TEAM ACTIVITY  
11:30-12:15 LUNCH  
12:30-2:00 LIBRARY / PENCIL ART / TIK TOK VIDEOS  
2:00-3:00 THE COMPANY / GAME ROOM REC  
3:00-4:00 SPEED YAHTZEE/ CARDS / RELATIONSHIP SKILLS

## WEDNESDAY

8:00-9:00 ARRIVAL/ CHAIR YOGA  
9:00-10:00 BALANCE & BREATHING/ / CARD GAMES  
10:00-10:30 INDIVIDUAL GOALS -MONEY WORK SHEET/JOB SKILLS  
10:30-11:30 MAD GAB -TEAM CHALLENGE  
11:30-12:15 LUNCH  
12:30-2:00 NAIL CARE / BOARD GAMES/ OUTING (SEE BACK)  
2:00-3:00 WEIGHT ROOM / WALL ART  
3:00-4:00 COFFEE BREAK & SIGN LANGUAGE/ DICE GAME

## THURSDAY

8:00-9:00 ARRIVAL/ TAI CHI  
9:00-10:00 SOFTBALL SKILLS / ART  
10:00-10:30 INDIVIDUAL GOAL/ READING WORK SHEET/ JOB SKILLS  
10:30-11:30 TRUE OR FALSE -TEAM ACTIVITY  
11:30-12:15 LUNCH  
12:30-2:00 COOKING / PAINTING / ARCH IDOL  
2:00-3:00 SELF ADVACACY/ SPORTS DRILLS/ BELL CHOIR  
3:00-4:00 ARCH ALIVE / ONE HAS TO GO

## FRIDAY

8:00-9:00 ARRIVAL/ MINDFULNESS  
9:00-10:00 CARDIO CLASS/ WORD GAMES  
10:00-11:00 JOB SKILLS- JANITORIAL / GYM GAME  
11:00-11:30 INDIVIDUAL GOALS/ CROSS WORD PUZZLE /JOB SKILLS  
11:30-12:15 LUNCH / LUNCH FOR SALE \$5.00  
12:30-2:00 MOVIE / TENNIS / BOWLING \$6.00 12:00-2:30  
2:00-3:00 CATEGORIES / THE COMPANY / OPEN REC  
3:00-4:00 BINGO

FOR QUESTIONS OR  
ADDITIONAL INFORMATION,  
PLEASE CALL: 602-230-2226  
WWW.ARCHAZ.ORG