

GENERAL NOTES

ARCH CONTINUES TO FOLLOW CDC GUIDELINES REGARDING HEALTH AND SAFETY.
IF YOU ARE NOT FEELING WELL PLEASE REFRAIN FROM ATTENDING ARCH.

FRIDAY LUNCHESES ARE \$5.00
WE HAVE NOT RESUMED OTHER CONCESSIONS

IF YOU TAKE VALLEY METRO DIAL A RIDE PLEASE SET RIDES FOR **5:30 PM** OR EARLIER TO ASSURE PICK UP
PRIOR TO CLOSING AT 6:00 PM. FEES MAY BE APPLIED IF STAFF ARE REQUIRED TO STAY LATE .

PLEASE BE AWARE THAT ARCH HAS A POLICY IN WHICH WE DO NOT HEAT UP LUNCHESES UNLESS IT IS NEEDED AND PRESCRIBED IN
WRITING BY A MEDICAL PROVIDER. WE DO NOT HAVE ENOUGH TIME IN OUR LUNCH HOUR TO HEAT UP A MULTITUDE OF LUNCHESES.

Spirit Day Mondays
Dress up in the theme every week
for a spirit contest
11-7 Wacky Hair
11-14 Heroes Vs Villains
11-21 Fall Colors
11-28 Celebrity Impersonator

Wednesday Activities :

11/2/2022
Dollar Store
12:30-2:00

11/9/2022
Special Olympics
Bowling
Bring a lunch

11/16/2022
BBQ at Park
\$7.00

11/23/2022
Thanksgiving Luncheon
\$5.00

Please bring a dessert to share

11/30/2022
Movie Outing
\$10.00
TBD

Special Activities :

11/3/2022
Phoenix College Health Fair
9:00 am

11/5/2022
Special Olympic Golf
Individual skills:
Please meet at ARCH at 8:00am
We well return at 1:00pm
9 hole golfers time TBA
LUNCH WILL BE INCLUDED

11/18/2022
ASU Intervention
Thursday
9:00 –11:00

ARCH will be **CLOSED** Friday
11/11/2022
In observance of Veteran's Day
ARCH will be **CLOSED** Thursday & Friday
11/24-11/25 2022
In observance of Thanksgiving



Steps to Health and Wellness
November Mini Challenge
Complete the challenge
to earn a special treat!