



### GENERAL NOTES

ARCH CONTINUES TO FOLLOW CDC GUIDELINES REGARDING HEALTH AND SAFETY.  
IF YOU ARE NOT FEELING WELL PLEASE REFRAIN FROM ATTENDING ARCH.

FRIDAY LUNCHES ARE \$5.00

PLEASE BE AWARE THAT ARCH HAS A POLICY IN WHICH WE DO NOT HEAT UP LUNCHES UNLESS IT IS NEEDED AND PRESCRIBED IN WRITING BY A MEDICAL PROVIDER. WE DO NOT HAVE ENOUGH TIME IN OUR LUNCH HOUR TO HEAT UP A MULTITUDE OF LUNCHES.

IF YOU TAKE VALLEY METRO DIAL A RIDE PLEASE SET RIDES FOR **5:30 PM** OR EARLIER TO ENSURE PICK UP PRIOR TO CLOSING AT 6:00 PM. FEES MAY BE APPLIED IF STAFF ARE REQUIRED TO STAY LATE.

#### STEPS to Health & Wellness

**\*Winter Fitness Challenge\***

Bring your water and athletic wear.

Get ready to move!



**Sunday, February 25  
to Wednesday, February 28**

Fishing Club Trip

Please see flyer for more info  
(Only open to club members)

### TUESDAY OUTINGS

**2/6/2024**

North Star

Equine & Animal Therapy Sanctuary

\$8.00

9:30-2:00

*Proceeds go to helping the Sanctuary with animal care.*

Bring a sack lunch, play cornhole, and visit horses, goats, pigs and more.

**2/13/2024**

Dollar store outing

\$1.00 plus spending money

DTA 10:00-1130

Drop-in 12:30-2:00

**2/20/2024**

Ranger led nature talk and hike

Desert Awareness Park

\$5.00

9:30-2:00

Bring sack a lunch

**2/27/2024**

Field day at ARCH

10:00-2:30

Join us for a ton of fun !

### SPECIAL ACTIVITIES

**Monday, February 19, 2024**

CLOSED In observance of President's Day

**Friday, February 2, 2024**

Special Olympic Basketball

8:00-2:00

Please bring a sack lunch, water, and wear athletic clothes.

**Wednesday, February 14, 2024**

Valentine's Day Party

\$5.00

10:00-2:00

Snacks and games

**Saturday, February 17, 2024**

Sweetheart Dance

5:00 - 8:00

\$10.00

Pasta Dinner, Dance, Bingo, and more !

**Thursday, February 22, 2024**

“Love Happens” Performing Arts Showcase

Doors open 5:30—Showtime 6:00

Cast party 7:00-7:30pm

Donations gratefully accepted

*final dress rehearsal*

*Wednesday February 21, 2024 at 10:00 am*

Please sign up and pay for outings and Friday lunch at least two days in advance. We have to plan transportation, get supplies, and occasionally buy tickets in advance.