

## GENERAL NOTES

ARCH CONTINUES TO FOLLOW CDC GUIDELINES REGARDING HEALTH AND SAFETY.  
IF YOU ARE NOT FEELING WELL PLEASE REFRAIN FROM ATTENDING ARCH.

FRIDAY LUNCHES ARE **\$5.00**

PLEASE BE AWARE THAT ARCH HAS A POLICY IN WHICH WE DO NOT HEAT UP LUNCHES UNLESS IT IS NEEDED AND PRESCRIBED IN WRITING BY A MEDICAL PROVIDER. WE DO NOT HAVE ENOUGH TIME IN OUR LUNCH HOUR TO HEAT UP A MULTITUDE OF LUNCHES.

IF YOU TAKE VALLEY METRO DIAL A RIDE PLEASE SET RIDES FOR **5:30 PM** OR EARLIER TO ENSURE PICK UP PRIOR TO CLOSING AT 6:00 PM. FEES MAY BE APPLIED IF STAFF ARE REQUIRED TO STAY LATE.

### STEPS to Health & Wellness

**\*Spring Fitness Challenge Begins\***

Bring your water and athletic wear.

Get ready to move!



Please sign up and pay for outings and Friday lunch at least two days in advance. We have to plan transportation, get supplies, and occasionally buy tickets in advance.

### TUESDAY OUTINGS

**3/5/2024**

The Farm

\$5.00

9:30-2:00

Proceeds go to helping with animal care .  
Bring a sack lunch, play cornhole, and  
visit horses, goats, pigs and more.

**3/12/2024**

Comic Book Store

\$2.00

DTA 10:00-1130

Drop-in 12:30-2:00

**3/19/2024**

Tour the beautiful  
Japanese Friendship Gardens

10:00-2:00

\$12.00

**3/26/2024**

Celebrating Spring and Easter  
10:00-2:30

Lets bounce into spring!

\$5.00

### SPECIAL ACTIVITIES

**Friday, March 29, 2024**

CLOSED In observance of Good Friday

**Friday, March 8, 2024**

State Special Olympic Basketball

8:00-2:00 Traditional & Unified

Please bring a sack lunch, water, and wear  
athletic clothes.



**Friday, March 22, 2024**

to

**Sunday, March 24, 2024**

Laughlin

Please see flyer for more info  
(Must preregister as space is limited.)