

GENERAL NOTES

ARCH CONTINUES TO FOLLOW CDC GUIDELINES REGARDING HEALTH AND SAFETY.
IF YOU ARE NOT FEELING WELL PLEASE REFRAIN FROM ATTENDING ARCH.

FRIDAY LUNCHEAS ARE \$5.00

PLEASE BE AWARE THAT ARCH HAS A POLICY IN WHICH WE DO NOT HEAT UP LUNCHEAS UNLESS IT IS NEEDED AND PRESCRIBED IN WRITING BY A MEDICAL PROVIDER. WE DO NOT HAVE ENOUGH TIME IN OUR LUNCH HOUR TO HEAT UP A MULTITUDE OF LUNCHEAS.

IF YOU TAKE VALLEY METRO DIAL A RIDE PLEASE SET RIDES FOR 5:30 PM OR EARLIER TO ENSURE PICK UP PRIOR TO CLOSING AT 6:00 PM. FEES MAY BE APPLIED IF STAFF ARE REQUIRED TO STAY LATE.

TUESDAY OUTINGS

STEPS to Health & Wellness

Spring Fitness Challenge Begins

Bring your water and athletic wear.

Get ready to move!

4/2/2024

Cookout at ARCH

\$5.00

4/9/2024

Hiking

\$2.00

Judith Tunnell Accessible Trail
Bring water and a sack lunch

9:30-2:00

4/16/2024

Dwarf Car Museum

And visit to Skydive Phoenix

\$10.00

Bring water and a sack lunch

9:30-3:00

4/23/2024

Movie

\$10.00

TBD

4/30/2024

Skin Health Screenings

And Education

12:30-2:00

SPECIAL ACTIVITIES

Wednesday, April 3, 2024

Special Olympics

Track & Field

8:00-2:30

Sack lunch needed.

Please arrange to be dropped off if you are participating and receive DTA transportation

Friday, April 12, 2024

County Fair

9:00-3:00

\$3.00 admission plus spending money

Rides are 5 for \$5

lunch is typically \$15.00 minimum

Friday, April 19, 2024

Special Olympics

Volleyball

8:00-2:30

Sack lunch needed.

Please arrange to be dropped off if you are participating and receive DTA transportation

Day for Special Smiles 5/3/2024

Space is limited, please call ARCH to speak to Grace or Sam if you are in need of a dental exam.



Please sign up and pay for outings and Friday lunch at least two days in advance. We have to plan transportation, get supplies, and occasionally buy tickets in advance.