

GENERAL NOTES

PLEASE HELP STOP THE SPREAD OF ILLNESS BY STAYING HOME WHEN FEELING UNWELL

FRIDAY LUNCHES ARE \$5.00

PLEASE BE AWARE THAT DUE TO TIME LIMITATIONS ARCH HAS A POLICY IN WHICH WE DO NOT HEAT UP LUNCHES UNLESS IT IS NEEDED AND PRESCRIBED IN WRITING BY A MEDICAL PROVIDER.

IF YOU TAKE VALLEY METRO DIAL A RIDE PLEASE SET RIDES FOR 5:30 PM OR EARLIER TO ENSURE PICK UP PRIOR TO CLOSING AT 6:00 PM. FEES MAY BE APPLIED IF STAFF ARE REQUIRED TO STAY LATE.

**ATTN: THERE WILL NOW BE A 3% SERVICE FEE
ON ALL CREDIT/DEBIT CARD TRANSACTIONS.**

MUTILATED BILLS WITH TEARS OR MISSING CORNERS OR WHICH HAVE BECOME SIGNIFICANTLY DISTORTED OR DAMAGED WHERE IT BECOME DIFFICULT TO DETERMINE THEIR AUTHENTICITY WILL NO LONGER BE ACCEPTED

TUESDAY OUTINGS

3/4/2025
12:00-2:00
\$2.00

Big 5 Sporting Goods & 5 Below

3/11/2025
12:30-2:30
\$2.00

Dollar Store Outing

3/18/2025
10:00-2:00
\$2.00

Nature walk Bajada Nature Trail
*No racquet sports today
Bring a lunch to eat there*

3/25/2025
Movie Outing TBD
\$10.00

SPECIAL ACTIVITIES

Special Olympic Basketball
Thursday , March 6th
Please meet at ARCH at 7:30am
(No DTA run for participating athletes)
Lunch will be included

Gone Fishin' Trip
March 6-9th .
See flyer for pertinent information

Friends and Family Night
March 20,2025
5:30-7:30
Doors open at 5:00pm
Refreshment served after show at 6:30
Donations graciously accepted
Final dress rehearsal March 19th @10:00am

*Look for upcoming information about the
Laughlin Trip in April.*

Please sign up and pay for outings and Friday lunch at least two days in advance. We have to plan transportation, get supplies, and occasionally buy tickets in advance.



STEPS to Health and Wellness

New Spring fitness challenge coming!

Join in these great health initiatives led by Sam and other ARCH Fitness Professionals

