

## GENERAL NOTES

PLEASE HELP STOP THE SPREAD OF ILLNESS BY STAYING HOME WHEN FEELING UNWELL

FRIDAY LUNCHES ARE **\$5.00**

PLEASE BE AWARE THAT DUE TO TIME LIMITATIONS ARCH HAS A POLICY IN WHICH WE DO NOT HEAT UP LUNCHES UNLESS IT IS NEEDED AND PRESCRIBED IN WRITING BY A MEDICAL PROVIDER.

IF YOU TAKE VALLEY METRO DIAL A RIDE PLEASE SET RIDES FOR **5:30 PM** OR EARLIER TO ENSURE PICK UP PRIOR TO CLOSING AT 6:00 PM. FEES MAY BE APPLIED IF STAFF ARE REQUIRED TO STAY LATE.



**ATTN: THERE WILL BE A 3.5% SERVICE FEE  
ON ALL CREDIT/DEBIT CARD TRANSACTIONS.**

PLEASE NOTE:

ARCH KEEPS LIMITED CASH ON HAND AND WILL NO LONGER BE ABLE TO BREAK BILLS ABOVE \$5.00  
USAGE OF SPENDING ACCOUNTS FOR "SPENDING CASH" WHILE ON AN OUTING WILL NEED TO BE REQUESTED PRIOR TO THE OUTING TO MAKE SURE WE HAVE FUNDS AVAILABLE ONSITE.

### **TUESDAY OUTINGS**

1/6/2026

Lower Salt River Nature Trail

2.3 mile hike along the river.

9:30-2:30

Bring a sack lunch and water

\$3.00

1/13/2026

McCormick-Stillman Railroad Park

9:30-2:30

Bring a sack lunch and water

\$3.00

1/20/2026

Movie-TBD

Arrive at ARCH by 10:00 am

\$10.00

1/27/2026

Cook-Out and Field Games at ARCH

\$6.00

### **SPECIAL EVENTS**

Closures

1/1/2026

for New Years Day

1/19/2026

for Martin Luther King Jr Day

1/30/2026

Visit Glendale College

for tour and health assessments

11:00 AM-4:00PM

if you wish to attend and are typically on a  
DTA Ride home you will need alternate  
transportation home.



Please sign up and pay for outings and  
Friday lunch at least two days in advance.  
We have to plan transportation,  
get supplies, and buy tickets

**STEPS to Health and Wellness**

**Continue the walking challenge  
to earn picks from the prize box!**