



## MONDAY

8:00-9:00 ARRIVAL & MORNING PREP  
9:00-10:00 BALANCE & BREATHING/HANG MAN  
10:00-11:00 GARDENING/MAINTENANCE CREW/CAR WASH  
11:00-12:00 LUNCH  
12:00-1:00 ARCH COUNCIL  
1:00-2:00 ARCH ALIVE / POOL TOURNAMENT  
2:00-3:00 DICE GAMES/WELLNESS HOUR/CHOIR  
3:00-4:00 NAME IT/UNO CHALLENGE

## TUESDAY

8:00-9:00 ARRIVAL & MORNING PREP  
9:00-10:00 STEP AEROBICS/CARD GAMES  
10:00-11:00 GREETING CARDS/ MAINTENANCE CREW  
11:00-12:00 LUNCH  
12:00-1:00 NAIL CARE/PAINTING/OUTING \*SEE BACK  
1:00-2:00 OUTING/FOOTBALL BOWLING/STRATEGY GAMES  
2:00-3:00 ART/OPEN REC/YOUTUBE WORKOUT  
3:00-4:00 COFFEE BREAK & SIGN LANGUAGE/BUNCO

## WEDNESDAY

8:00-9:00 ARRIVAL & MORNING PREP  
9:00-10:00 DANCE AEROBICS/WORD GAMES  
10:00-11:00 LIBRARY/BAKE CLUB/WOOD WORKING  
11:00-12:00 LUNCH  
12:00-1:00 ARCH IDOL/WORD GAMES/SNOWCONES \$1.00  
1:00-2:00 COMPANY/OPEN GYM /SPELLING GAMES  
2:00-3:00 SHIP CAPTAIN CREW /JOURNALING  
3:00-4:00 SPEED YAHTZEE/CARDS/SENSORY EXPLORATION

## THURSDAY

8:00-9:00 ARRIVAL & MORNING PREP  
9:00-10:00 BOGGLE/WEIGHT ROOM  
10:00-11:00 BOOK CLUB/YOU MAKE IT/MAINTENANCE CREW  
11:00-12:00 LUNCH  
12:00-1:00 VOLLEYBALL PRACTICE/CAR WASH  
1:00-2:00 COOKING/SERENITY CIRCLE/NUMBER GAMES  
2:00-3:00 DJ RAPHI WORKOUT/PICTIONARY  
3:00-4:00 ARCH ALIVE/SPORTS CHAT

## FRIDAY

8:00-9:00 ARRIVAL & MORNING PREP  
9:00-10:00 CARDIO BEAT/ PYRAMID TRIVIA  
10:00-11:00 SPANISH CLASS/EXPLORING HOBBIES/ MAINTENANCE CREW  
11:00-12:00 LUNCH (LUNCH FOR SALE \$5.00)  
12:00-1:00 CREATIVE COLORING  
12:00-2:00 MOVIE/ARCH ATHLETICS BASKETBALL LEAGUE  
1:00-2:00 NAU ACTIVITY  
2:00-3:00 MEDITATION/WORD FIND CHALLENGE  
3:00-4:00 BINGO

FOR QUESTIONS OR  
ADDITIONAL INFORMATION,  
PLEASE CALL: 602-230-2226  
[WWW.ARCHAZ.ORG](http://WWW.ARCHAZ.ORG)